

ORGANISER



3RD ORTHOPAEDIC CLINIC
HYGEIA HOSPITAL
ATHENS, GREECE



IN PARTNERSHIP WITH



CO-ORGANISERS



SOCIETÀ ITALIANA ARTROSCOPIA
GINOCCHIO, ARTO SUPERIORE,
SPORT, CARTILAGINE, TECNOLOGIE
ORTOPEDICHE



SOCIÉTÉ FRANCOPHONE
D'ARTHROSCOPIE (SFA)

5th Athens Shoulder Course

4-7 May
2022



2:1
Cadaver
Sessions on
**Specific
Techniques**

**International
Faculty**

**Mini
Battles**

**Special
Physiotherapy
Workshop**

**Relive
Surgeries**

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MEGARON
Athens International Conference Center (Theoretical Sessions)

ATTC
Anatomy Techniques & Training Center (Cadaveric Sessions)

UNDER THE AUSPICES:



visit the official website for further information
www.athens-shoulder-course.com

FINAL PROGRAM

5th Athens Shoulder course

Innovation in shoulder surgery



CADAVERIC WORKSHOP PROGRAM

Wednesday, 4 May 2022

08:00→10:00

HANDS-ON SESSION 1

ARTHROSCOPY

Instability - Soft tissue procedures
Instability bony procedures
Rotator Cuff repair
Irreparable cuff tears

11:00→13:00

HANDS-ON SESSION 2

ARTHROSCOPY

Instability - Soft tissue procedures
Instability bony procedures
Rotator Cuff repair
Irreparable cuff tears

ARTHROPLASTY

Stemless Prosthesis
TSA - Total Shoulder Arthroplasty
RSA - Reverse Shoulder Arthroplasty

OPEN PROCEDURES

Instability bony procedures / Open Latarget
Instability bony procedures / Open Bone Block

14:00→16:00

HANDS-ON SESSION 3

ARTHROSCOPY

Instability - Soft tissue procedures
Instability bony procedures
Rotator Cuff repair
Irreparable cuff tears



Innovation in shoulder surgery

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CADAVERIC WORKSHOP PROGRAM

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ARTHROPLASTY

Stemless Prosthesis
TSA - Total Shoulder Arthroplasty
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OPEN PROCEDURES

Instability bony procedures / Open Latarget
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17:00 → 19:00

HANDS-ON SESSION 4

ARTHROSCOPY

Instability - Soft tissue procedures
Instability bony procedures
Rotator Cuff repair
Irreparable cuff tears

ARTHROPLASTY

Stemless Prosthesis
TSA - Total Shoulder Arthroplasty
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OPEN PROCEDURES

Instability bony procedures / Open Latarget
Instability bony procedures / Open Bone Block

5th Athens Shoulder course

Innovation in shoulder surgery



Instability & Athletic shoulder

SCIENTIFIC PROGRAM

Thursday, 5 May 2022

08:00→09:30

SESSION 1

Moderators: **Berte Bøe** | **Maristella Francesca Saccomanno**

How to evaluate the patient with instability in 2022

Ioannis Chiotis

On-track/Off-track lesions. MRI and CT evaluation. How to apply it in your routine

Frank Martetschläger

What is the critical and subcritical glenoid bone loss and how to use them for making your decision

Christos Sinopidis

Posterior instability. Treatment options

Zinon Kokkalis

MDI - Evaluation - Management

TBA

Functional instability and pacemaker. A breakthrough?

Philipp Moroder

Discussion

09:30→10:00

Welcome Addresses

Hosts: **Manos Antonogiannakis** | **Manos Brilakis**

10:00→10:30

Coffee Break



Innovation in shoulder surgery

4-7 May 2022

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Instability @ Athletic shoulder

SCIENTIFIC PROGRAM

Thursday, 5 May 2022

10:30→11:45

SESSION 2

Moderators: **Michael Hantes | Christos Koukos**

The ASA is gaining popularity

Marco Maiotti

DAS. The new alternative

Clara Azevedo

Collagen membrane scaffold. When is indicated

Giuseppe Milano

Is Remplissage the "game changer"?

Pietro Randelli

Augmenting the @ Bankart repair. Why to do it?

Manos Brilakis

Discussion

11:45→12:45

SESSION 3 - RELIVE SURGERIES

Moderators: **Clara Azevedo | Anastasios Deligeorgis**



ReLIVE

Relive Surgeries - Instability Cases

12:45→13:45

Lunch Break

5th Athens Shoulder course

Innovation in shoulder surgery



Instability @ Athletic shoulder

SCIENTIFIC PROGRAM

Thursday, 5 May 2022

13:45→14:45

SESSION 4

Moderators: **Antonio Cartucho | Ladislav Kovacic**

Which are the limits of soft tissue procedures?

Bruno Toussaint

Is there any indication for open Bankart Repair still in 2022?

Daniel Moya

Is the Latarjet the Golden Standard for the management of instability?

Tom Clement Ludvigsen

General concepts and our treatment algorithm for instability cases

Manos Antonogiannakis

Discussion

14:45→15:10

SESSION 5 - KEYNOTE LECTURE

Moderators: **Enrico Gervasi | Manos Antonogiannakis**



KEYNOTE

The learning curve of Arthroscopic Latarjet

Tom Clement Ludvigsen

Discussion

15:10→15:40

Coffee Break

15:40→16:30

SESSION 6 - THE #MiniBattles face2face

Moderators: **Knut Beitzel | Manos Brilakis**



Mini BATTLES

Why I perform Open Latarjet?

Michael Hantes



Innovation in shoulder surgery

4-7 May 2022

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Instability & Athletic shoulder

SCIENTIFIC PROGRAM

Thursday, 5 May 2022



Mini BATTLES

Why I perform Arthroscopic Latarjet?

Jean Kany

Why I perform Bone Block with the distal clavicle?

Pol Huysmans

Discussion

16:30→17:15

SESSION 7

Moderators: **Nuno Gomes | Vasileios Chouliaras**

Complication rate of the Latarjet procedure. Tips and tricks to reduce it
Benjamin Marjanovic

Osteoarthritis development after Latarjet. Tips and tricks to reduce it
Achilleas Boutsiadis

Arthroscopic glenoid reconstruction with xenograft plus ASA for the management of shoulder instability with glenoid bone loss
Marco Maiotti

Discussion

17:15→17:40

SESSION 8 - KEYNOTE LECTURE

Moderators: **Bruno Toussaint | Antoon Van Raebroeckx**



KEYNOTE

How to manage the failed instability surgery?

Philippe Valenti

Discussion

17:40→18:40

SESSION 9

Moderators: **Anastasios Georgoulis | Ioannis Triantafyllopoulos**

Considerations for AC Joint injuries. Which is the treatment algorithm
Knut Beitzel

5th Athens Shoulder course

Innovation in shoulder surgery



Instability & Athletic shoulder

SCIENTIFIC PROGRAM

Thursday, 5 May 2022

Acute dislocations. Which are the keys for a successful treatment?

Claudio Rosso

Chronic dislocations. When the acute becomes chronic and which is the proper management?

Gonzalo Samitier

Degenerative AC Joint. When to operate and how to do it right?

Ladislav Kovacic

Discussion

18:40→19:05

SESSION 10 - KEYNOTE LECTURE

Moderators: **Pantelis Nicolaou | Pericles Papadopoulos**



KEYNOTE

The throwers' shoulder

Klaus Bak

Discussion

19:05→20:15

SPECIAL SESSION: Shoulder Courses. The past, the present, the future

Moderators: **Manos Antonogiannakis | Manos Brilakis**

Paris Shoulder Course

Philippe Valenti

Berlin International Shoulder Course

Markus Scheibel

Anecy Live Surgery International Shoulder Advanced Course

Thibault Lafosse

Athens Shoulder Course

Manos Antonogiannakis

Discussion



SPECIAL



Innovation in shoulder surgery

4-7 May 2022

www.athens-shoulder-course.com

Rotator Cuff Disease | From Repairing To Replacing

SCIENTIFIC PROGRAM

Friday, 6 May 2022

08:00→09:00

SESSION 11

Moderators: **Panagiotis Dimakopoulos | Ioannis Chiotis**

Anatomy variants and how they are related to RC pathology

Aristeidis Zibis

The cuff pathology. The radiologist's perspective.

Margarita Natsika

How the anaesthesiologist can make the life of the surgeon easier?

Eirini Sarri

Cuff tears. When conservative treatment is indicated

Maria Papatzikou

Discussion

09:00→10:00

SESSION 12

Moderators: **Daniel Moya | Andreas Panagopoulos**

What is the natural history of a rotator cuff tear?

Ana Catarina Angelo

How to address partial thickness tears conservatively?

Maristella Francesca Saccomanno

Calcifying tendonitis. Conservative and surgical treatment. What is the borderline?

Frank Martetschläger

The stiff shoulder. Is it really a surgical problem?

Klaus Bak

Discussion

10:00→10:30

Coffee Break

5th Athens Shoulder course

Innovation in shoulder surgery



Rotator Cuff Disease | From Repairing To Replacing

SCIENTIFIC PROGRAM

Friday, 6 May 2022

10:30→11:30

SESSION 13 - RELIVE SURGERIES

Moderators: **Emmanouil Fandridis | Anastasios Deligeorgis**



Relive Surgeries - Repair options of RC Tears

Discussion

11:30→12:45

SESSION 14

Moderators: **Frank Martetschläger | Ana Catarina Angelo**

Which is the best way to repair SSC tears in 2022?

Antonio Cartucho

PS tears. Single, double row, transosseous. Which are the trends in 2022?

Antoon Van Raebroekx

Transosseous repair. Advantages and disadvantages

Brett Sanders

Biological enhancement of tendon healing. Which are the new trends?

Andreas Voss

Patches over the repair. Is this the future?

Miguel A. Ruiz Ibán

Discussion

12:45→13:45

Lunch Break



Innovation in shoulder surgery

4-7 May 2022

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Rotator Cuff Disease | From Repairing To Replacing

SCIENTIFIC PROGRAM

Friday, 6 May 2022

13:45→14:15

SESSION 15

Moderators: **Dimitrios Koulalis | Georgios Arealis**

The biceps and its new role in the management of RC tears

Nuno Gomes

Pre-operative evaluation. How to predict which tear can be repaired and which not?

Berte Bøe

Discussion

14:15→15:35

SESSION 16 - THE #MiniBattles face2face How to manage an Irreparable RC Tear

Moderators: **Bassem Elhassan | Manos Antonogiannakis**

I use partial repair

Grigorios Avramidis

I use SCR with Fascia Lata

Teruhisa Mihata

I use SCR with hamstrings

Giuseppe Milano

I use the long head of biceps

Emmanouil Fandridis

I use the subacromial balloon spacer

Enrico Gervasi

Discussion



Mini BATTLES

15:35→16:05

Coffee Break

5th Athens Shoulder course

Innovation in shoulder surgery



Rotator Cuff Disease | From Repairing To Replacing

SCIENTIFIC PROGRAM

Friday, 6 May 2022

16:05→16:55

SESSION 17 - KEYNOTE LECTURE

Moderators: **Teruhisa Mihata** | **Manos Brilakis**



KEYNOTE

Definition of pseudoparalysis

Giuseppe Porcellini

Endoscopic Release of the Brachial Plexus

Thibault Lafosse

Discussion

16:55→17:30

SESSION 18 - THE #MiniBattles face2face Tendon Transfers

Moderators: **Jean Kany** | **TBA**



Mini BATTLES

I prefer Latissimus Dorsi transfer

Philippe Valenti

I prefer Lower Trapezius transfer

Bassem Elhassan

Discussion

17:30→18:20

SESSION 19 - KEYNOTE LECTURES

Moderators: **Edward McFarland** | **Michael Iosifidis**



KEYNOTE

RC Repair. From vision to reality

Pietro Randelli

RC tears from my perspective

Manos Antonogiannakis

Discussion



Innovation in shoulder surgery

4-7 May 2022

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Rotator Cuff Disease | From Repairing To Replacing

SCIENTIFIC PROGRAM

Friday, 6 May 2022

18:20→19:05

SESSION 20

Moderators: **Klaus Bak | Andreas Leonidou**

Pectoralis Major & Anterior Latissimus Dorsi Transfer for Subscapularis Tears
Thibault Lafosse

Massive irreparable RC tears. Partial repair or use of Patch substitute?
Paolo Avanzi

Do we really need implants for a succesful arthroscopic RC repair?
Alessandro Castagna

Discussion

19:05→19:30

SESSION 21 - KEYNOTE LECTURE

Moderators: **Christos K. Yiannakopoulos | Apostolos Stathellis**



KEYNOTE

The repair cuff. Radiological evaluation
Apostolos Karantanas

Discussion

19:30→20:15

SESSION 22 - Reverse for IRMRC Tear

Moderators: **Giuseppe Milano | Brett Sanders**

When RSA is the only way to go
Jean - David Werthel

Results and expectations of RSA for IRMRCT
John G. Costouros

Differences of RSA for cuff arthropathy compared to the other indications of RSA
Georgios Arealis

Discussion

5th Athens Shoulder course

Innovation in shoulder surgery



Arthritis And Arthroplasty | Humans Versus Robots

SCIENTIFIC PROGRAM

Saturday, 7 May 2022

08:00→09:15

SESSION 23

Moderators: **Pietro Randelli | Jean - David Werthel**

Arthritis of shoulder joint. Which are the causes

Panagiotis Papadopoulos

Arthritis in young individuals. Non-surgical options (viscosupplementation, PRP)

Pericles Papadopoulos

The role of arthroscopy (release and debridement)

Manos Brilakis

The role of posterior subluxation and possible treatment

Philipp Moroder

The physiotherapist's perspective

Maria Patramani

Discussion

09:15→10:15

SESSION 24

Moderators: **Jon J.P. Warner | Peter Vezeridis**

Anatomic TSA. Current concepts. Indications and future perspectives

Giuseppe Porcellini

Poly - glenoid with hybrid peg implants

David Dines

Metal backed implants

Pietro Randelli

What are the limits of anatomic SA in primary shoulder arthritis cases

Alessandro Castagna

Discussion

10:15→10:45

Coffee Break



Innovation in shoulder surgery

4-7 May 2022

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Arthritis And Arthroplasty | Humans Versus Robots

SCIENTIFIC PROGRAM

Saturday, 7 May 2022

10:45→11:35

SESSION 25 - KEYNOTE LECTURES

Moderators: **Phillipe Clavert** | **Efstathios Chronopoulos**



KEYNOTE

The evolution of RSA. From the Grammond to recent designs
Edward McFarland

Stemless shoulder replacement in Europe – Where do we go?
Markus Scheibel

Discussion

11:35→12:20

SESSION 26

Moderators: **Jon J.P. Warner** | **John G. Costouros**

RSA. What measurement you need preoperatively?
Peter S. Vezeridis

3D planning. What is the optimal software?
Jean - David Werthel

Accuracy of PSI vs standard instrumentation
Philippe Clavert

Discussion

12:20→12:45

SESSION 27 - KEYNOTE LECTURES

Moderators: **Alessandro Castagna** | **Tom Clement Ludvigsen**



KEYNOTE

Augmented, Mixed, Virtual Realities: What is the Value of Each?
Jon J.P. Warner

Discussion

12:45→13:45

Lunch Break

5th Athens Shoulder course

Innovation in shoulder surgery



Arthritis And Arthroplasty | Humans Versus Robots

SCIENTIFIC PROGRAM

Saturday, 7 May 2022

13:45→14:45

SESSION 28 - RELIVE SURGERIES

Moderators: **David Dines** | **Anastasios Deligeorgis**



Relive Surgeries - Shoulder Arthroplasty

Discussion

14:45→16:00

SESSION 29

Moderators: **John C. Feroussis** | **Alexandros Kyriakos**

Which is the best way to regain ER/IR in RSA?

Jon J.P. Warner

Lateralization from the glenoid. The BioRSA

Peter S. Vezeridis

Lateralization from the glenoid. Other options

Angelos Trellopoulos

Lateralization from the humerus

Giuseppe Porcellini

Stemless RSA. Advantages and disadvantages

Ofer Levy

Discussion

16:00→17:30

SESSION 30

Moderators: **Edward McFarland** | **TBA**

Failure of Anatomic SA. How to revise. Tips and tricks. Expected results

John C. Feroussis

Glenoid erosion in reverse shoulder arthroplasty - Bone vs metallic reconstruction

Markus Scheibel

Failure of RSA. Causes, options and proper management

Jon J.P. Warner



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Infection in shoulder arthroplasty. Which are the options and what to expect
Ofer Levy

RSA and deltoid palsy. What I should do
Bassem Elhassan

How to manage instability in RSA
Alessandro Castagna

Discussion

17:30→17:55

SESSION 31 - KEYNOTE LECTURE

Moderators: **John G. Costouros | Andreas Voss**



KEYNOTE

VRS - Patient specific glenoid component for glenoid bone loss in RSA
David Dines

Discussion

17:55→18:45

SESSION 32 - KEYNOTE LECTURE

Moderators: **Philippe Valenti | Bassem Elhassan**



KEYNOTE

Shoulder Pacemaker and Showmotion. The game changer in rehabilitation?
Matteo Mantovani

Is the innovation and the rapid evolution of shoulder orthopaedics always an added value to the patients' care?

Jon J.P. Warner

Discussion

18:45→19:05

CLOSURE

Moderators: **Manos Antonogiannakis | Manos Brilakis**

Course Summary and presentation of the next course

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