

ORGANISER



3RD ORTHOPAEDIC CLINIC
HYGEIA HOSPITAL
ATHENS, GREECE



CO-ORGANISERS



SOCIETÀ ITALIANA ARTROSCOPIA
GINOCCHIO, ARTO SUPERIORE,
SPORT CARTILAGINE, TECNOLOGIE
ORTOPEDICHE



SOCIÉTÉ FRANCOPHONE
D'ARTHROSCOPIE (SFA)



6th Athens Shoulder Course

7-10 February 2024

2:1
Cadaver
Sessions on
Specific
Techniques

International
Faculty

Mini
Battles

Special
Physiotherapy
Workshop

Relive
Surgeries

COURSE CHAIRMAN
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📍 MEGARON
Athens International Conference Center (Theoretical Sessions)

📍 **ATTC**
Anatomy Techniques & Training Center (Cadaveric Sessions)

UNDER THE AUSPICES



visit the official website for further information
www.athens-shoulder-course.com

SCIENTIFIC PROGRAM



6th Athens Shoulder Course



SCIENTIFIC PROGRAM

Thursday, 8 February 2024

08:00 - 09:00

SESSION 1

Moderators: **Michalis Iosifidis - Vasileios Chouliaras**

How to evaluate instability patients in 2023

Grigorios Avramidis

Management of 1st time shoulder dislocation

Mustafa Karahan

Instability classification according to the Stanmore triangle. Which is the surgeon perspective for each one of the different type of instability.

Namdev Gorgile

Instability classification according to the Stanmore triangle. Which is the role of the physiotherapist in each one of the different type of instability.

Maria Patramani

Discussion

09:00 - 09:30

Coffee Break

09:30 - 10:30

SESSION 2

Moderators: **Ladislav Kovačič - Zinon Kokkalis**

Instability in adolescence. Considerations and differences

Ana Catarina Ângelo

Instability in overhead athletes

Michael Hantes

Instability in collision athletes

Ruth Delaney

Instability in elderly patients. How to manage them?

Giuseppe Milano

Discussion

7-10 February 2024

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SCIENTIFIC PROGRAM

Thursday, 8 February 2024

10:30 - 11:45

SESSION 3

Moderators: **Pantelis Nikolaou - Apostolos Stathelis**

Which is the perfect Bankart Repair?

Angelos Trellopoulos

DAS

Clara Azevedo

ASA

Marco Maiotti

Remplissage

George Athwal

DAS & Remplissage. Is this a valid combination?

Andrei Popescu

Discussion

11:45 - 12:45

SESSION 4

Moderators: **Berte Bøe - Maristella Francesca Saccomanno**

The glenoid track concept. Why to measure bone loss in instability case and how to do it

Giovanni Di Giacomo

Augmenting the BR. Why do it? Which are the limits?

Emmanouil Brilakis

Personalized approach for instability may result in best outcomes with the lowest complication ratio

Chiara Fossati

Clinical outcomes and recovery rate of different procedures for recurrent anterior instability

Carlo Massoni

Discussion

12:45 - 13:45

Lunch Break



6th Athens Shoulder Course



SCIENTIFIC PROGRAM

Thursday, 8 February 2024

13:45 - 14:45

SESSION 5

Moderators: **Achilleas Boutsiadis - Ilias Galanopoulos**

Open Latarjet
Dimitrios Alexakis

Arthroscopic Latarjet with screws
Berte Bøe

Arthroscopic Latarjet with buttons
Michel Azar

Arthroscopic Bone Block
Ettore Taverna

Discussion

14:45 - 15:45

SESSION 6

Moderators: **Marco Maiotti - Christos Sinopidis**

Bone Block in combination with ASA
Raffaello Russo

Bone Block using the distal clavicle
Pol Huysmans

New perspectives on the management of glenoid bone loss
Psacal Glayse

New techniques for repairing Hill-Sachs lesion
Ettore Taverna

Discussion

15:45 - 16:00

SESSION 7

Moderators: **Enrico Gervasi**

General concepts and my algorithm for instability cases. A life-time experience
Emmanouil Antonogiannakis

Discussion

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SCIENTIFIC PROGRAM

Thursday, 8 February 2024

16:00 - 16:45

SESSION 8

Moderators: **Panagiotis Pantos - Iraklis Patsopoulos**

Complications and osteoarthritis development after Latarjet.
How to manage them

Francesco Franceschi

Failed instability surgery after soft tissue procedures. How to manage
Chiara Fossati

Failed instability surgery after soft tissue procedures. How to manage
TBA

Discussion

16:45 - 17:45

SESSION 9 - MINI-BATTLE #1



Moderators: **Anastasios Deligeorgis**

Case scenario | A throwing athlete with instability. How to manage
Klaus Bak

Gonzalo Samitier

Christos Koukos

Geoffroy Nourissat

Discussion

17:45 - 18:05

HIGHLIGHT LECTURE

Moderators: **Nicolas Bonneville - Anastasios Georgoulis**

Shoulder pathology in professional swimmers. Prevention and management
Gianluca Camillieri

Discussion



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SCIENTIFIC PROGRAM

Thursday, 8 February 2024

18:05 - 19:05

SESSION 10

Moderators: **Konstantinos Kateros - Aristeidis Zimbis**

AC-joint dislocation. General concepts. Treatment algorithm
Claudio Rosso

Acute type III AC-joint dislocations. Keys for successful treatment
Felix Dyrna

Chronic AC-joint dislocations. Which is the proper treatment
Frank Martetschläger

Type III AC-joint dislocations. The role of vertical and horizontal stability for the successful management

George Gatos

Discussion

19:05 - 19:35

SESSION 11 - MINI-BATTLE #2



Moderator: **Emmanouil Brilakis**

TBA

Shoulder surgery is art - **Jean Kany**

Shoulder surgery is pure science - **Geoffroy Nourissat**

Discussion

19:35 - 19:55

HIGHLIGHT LECTURE

Moderators: **Manos Antonogiannakis - Emmanouil Brilakis**

The impact factor of a shoulder course in the advancement of global shoulder surgery

Ben McIlroy

19:55

Opening Ceremony - Welcome Addresses

Welcome to Athens Shoulder Course - **Manos Antonogiannakis**

The Athens Shoulder Course History - **Emmanouil Brilakis**

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SCIENTIFIC PROGRAM

Friday, 9 February 2024

08:00 - 08:45

SESSION 12

Moderators: **Dimitrios Gerogiannis - Ilias Dissios**

Calcifying tendonitis. Which is the borderline between conservative and operative treatment

Gonzalo Samitier

Stiff shoulder. When is it a surgical problem and how to fix it

Clara Azevedo

Which is the best way to manage stiff shoulder conservatively?

Maria Papatzikou

Discussion

08:45 - 10:00

SESSION 13

Moderators: **Apostolos Gkantsos - Ioannis Kotsalis**

Natural history of RC tears

Roshan M. Wade

Partial thickness. RCT. Injections treatment

Maristella Francesca Saccomanno

Strategy for preoperative planning for RCR

Alexander Van Tongel

SSC tears. Which is the best way to manage in 2024

Nicolas Bonnevalle

Posterosuperior RC tears. Which is the best way to manage in 2024

Ladislav Kovačič

Discussion

10:00 - 10:30

Coffee Break



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SCIENTIFIC PROGRAM

Friday, 9 February 2024

10:30 - 11:40

SESSION 14

Moderators: **Michael Hantes - Dimitrios Koulalis**

When and why RC repairs fail?

Andrian Błasiak

Biological enhancement of RCR (BMAC, adipose cells, PRP)

Panagiotis Papadopoulos

Patches over the repair. Where are we in 2024?

Miguel Ruiz Ibán



My transosseous technique

Brett Sanders

New aspect of rehab of RCR

George Kakavas

Discussion

11:40 - 12:40

SESSION 15 - MINI BATTLE #3



Moderator: **Christos Koukos**

RC Repair Case

Single Row - **Felix Dyrna**

Double Row - **Michael Hantes**

Transosseous - **Pol Huysmans**

Discussion

12:40 - 13:00

HIGHLIGHT LECTURE

Moderator: **Miguel Ruiz Ibán**

Which is the next level of RC Repair

Geoffroy Nourissat

Discussion

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SCIENTIFIC PROGRAM

Friday, 9 February 2024

13:00 - 13:30

SESSION 16

Moderators: **Dimitrios Varvitsiotis - Andreas Panagopoulos**

Quality of life - Arthroscopic cuff repair

Alessandro Castagna

Acute on chronic massive rotator cuff tears. Patient presentation one month, three months, one year after the injury. Which is the proper management in each case?

Francesco Franceschi

Discussion

13:30 - 14:30

Lunch Break

14:30 - 15:30

SESSION 17

Moderators: **Ana Catarina Ângelo - Georgios Panagopoulos**

Pre-operative assessment of RC tears. How can we assess repairability?

Achilleas Boutsiadis

SCR (Fascia Lata). What is the current evidence

Clara Azevedo

The role of the biceps in RCR

Emmanouil Fandridis

Subacromial balloon spacer. Is it still an option?

George Athwal

Discussion

15:30 - 15:50

HIGHLIGHT LECTURE

Moderator: **Dimitrios Alexakis**

RC tear from my perspective

Emmanouil Antonogiannakis

Discussion



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SCIENTIFIC PROGRAM

Friday, 9 February 2024

15:50 - 16:50

SESSION 18

Moderators: **Ioannis Polyzois - Georgios Arealis**

Latissimus dorsi transfer for irreparable posterosuperior rotator cuff tears
Enrico Gervasi

Lower trapezius transfer for irreparable posterosuperior rotator cuff tears
Peter S. Vezeridis

Pectoralis major transfer and synthetic patch in irreparable rotator cuff tears
Maciej Uchowicz

Tendon transfer options for subscapularis tears
Jean Kany

Discussion

16:50 - 17:50

SESSION 19 MINI-BATTLE #4



Moderator: **Grogoris Avramidis**

case: Irreparable RC tears

SCR with fascia lata - **Clara Azevedo**

Biceps over the repair - **Maristella Francesca Saccomanno**

Tendon transfer - **Jean Kany**

Use a reverse and get a good results right away - **Miguel Ruiz Ibán**

Discussion

17:50 - 18:35

SESSION 20

Moderators: **Clara Azevedo - Miltiadis Ziogas**

The radiological evaluation of the cuff
Apostolos Karantanas

The effect of repair in shoulder pseudoparalysis
Michael Hantes

Intensity of the repaired cuff for traumatic versus degenerate tears with U/S follow-up
Benjamin Marjanovic

Discussion

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SCIENTIFIC PROGRAM

Friday, 9 February 2024

18:35 - 19:35

SESSION 21

Moderators: **Felix Dyrna - Bruno Borralho Gobbato**

When RSA is the only way to go

Jean Kany

RSA for RC arthropathy. Results and expectations

Rui Claro

Differences for RSA for Rotator cuff arthropathy comparing to other indications of RSA

Georgios Arealis

Tips and tricks for an RSA for RCA

Giuseppe Porcellini - via zoom

Discussion

19:35 - 20:20

SESSION 22

Moderators: **Alessandro Castagna - Rui Claro**

Anatomy and introduction to the scapula pathology

Giovanni Di Giacomo

How to manage scapula pathology conservatively

Ajit Dabholkar

Scapulothoracic arthroscopy

Ladislav Kovačič

Discussion



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SCIENTIFIC PROGRAM

Saturday, 10 February 2024

08:00 - 09:00

SESSION 23

Moderators: **Namdev Gorgile - Panagiotis Dimakopoulos**

Aetiology and general concepts for the management of glenohumeral osteoarthritis

John Chiotis

Injection therapy for the management of the glenohumeral osteoarthritis

Anastasios Deligeorgis

The role of arthroscopy

Emmanouil Brilakis

The role of physiotherapy for the management of the glenohumeral osteoarthritis

Georgios Koumantakis

Discussion

09:00 - 10:00

SESSION 24

Moderators: **Efstathios Chronopoulos - Alexandros Kyriakos**

Preoperative planning for anatomic shoulder arthroplasty. What the surgeon needs to know

George Athwal

Anatomic shoulder arthroplasty. Current concepts, indications and future perspectives

John Costouros

Which is the best material for the glenoid component in anatomic shoulder arthroplasty?

Giuseppe Porcellini - via zoom

What are the limits of the anatomic shoulder arthroplasty for the management of primary shoulder arthritis?

David Dines

Discussion

10:00 - 10:30

Coffee Break

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SCIENTIFIC PROGRAM

Saturday, 10 February 2024

10:30 - 11:15

SESSION 25

Moderators: **George Athwal - Andreas Voss**

Poly-glenoid with hybrid peg implants

David Dines

Anatomic total shoulder arthroplasty. New bearings, new geometry and so on

Hans Rudolf Bloch

Will there be a place for anatomic shoulder arthroplasty in the future?

Edward McFarland

Discussion

11:15 - 11:35

HIGHLIGHT LECTURE

Moderators: **Emmanouil Fandridis**

The evolution of reverse shoulder arthroplasty. Where are we in 2024?

Alessandro Castagna

Discussion

11:35 - 12:50

SESSION 26

Moderators: **Ofer Levy - Andreas Leonidou**

Reverse shoulder arthroplasty. What measurement you need to know preoperatively and how they impact patients' outcome

George Athwal

3D planning for reverse shoulder arthroplasty. Why and how to plan?

Ruth Delaney

Artificial intelligence and machine learning for shoulder arthroplasty

Bruno B.Gobbato

Patient specific implants vs standard modular implants for reverse shoulder arthroplasty. Is there a difference in accuracy?

Giuseppe Porcellini - via zoom

Mixed reality in reverse shoulder arthroplasty. Where we are today

George Athwal

Discussion



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SCIENTIFIC PROGRAM

Saturday, 10 February 2024

12:50 - 13:20

SESSION 27 Mini battle #5



Moderator: **John G. Costouros**

Case of 49 years old with B2 glenoid

Anatomic - **Alessandro Castagna**

Reverse - **Edward McFarland**

Discussion

13:20 - 14:20

Lunch Break

14:20 - 15:00

HIGHLIGHT LECTURES

Moderators: **George Athwal - Edward McFarland**

How I plan my shoulder arthroplasties. The evolution of my experience and the lesson learned

Bruno B. Gobbato

My experience in planning for reverse shoulder arthroplasty

Emmanouil Antonogiannakis

Discussion

15:00 - 15:45

SESSION 28

Moderators: **Benjamin Marjanovic - John C. Feroussis**

Which is the best way to regain ER in reverse shoulder arthroplasty

Michel Azar

Which are the options for lateralizing from the glenoid and how to choose the best for your patient

Peter S. Vezeridis

When and how to use lateralization from the humerus

Zinon Kokkalis

Discussion

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SCIENTIFIC PROGRAM

Saturday, 10 February 2024

15:45 - 16:05

HIGHLIGHT LECTURE

Moderators: **Andreas Leonidou**

Stemless RSA. My personal experience

Ofer Levy

Discussion

16:05 - 17:05

SESSION 29

Moderator: **Efstathios Chronopoulos**

The failed anatomic shoulder arthroplasty. How to revise

George Athwal

The failed reverse shoulder arthroplasty. Current aspects, proper management

John C. Feroussis

The infected SA. Current concepts and proper management

Andreas Voss

Instability in reverse shoulder arthroplasty. When it happens and how to manage

Edward McFarland

Discussion

17:05- 18:30

Closing Remarks

Moderators: **Emmanouil Antonogiannakis | Emmanouil Brilakis**

Course Summary and presentation of the next course



6th Athens Shoulder Course



General Information

DATES, VENUES & HALLS

Theoretical Sessions

Video demonstrations

Re-live Surgeries

Megaron Athens International Conference Center

Address: 1 Kokkali St. & Vas. Sofias Ave., 115 21, Athens, Greece

Practical Sessions on cadavers

Physiotherapist's Course

ATT Center

Address: 35 Sorou St., 151 25, Athens, Greece

EXHIBITION

The exhibition is located at the foyer of the Banqueting hall of Megaron Athens International Conference Center.

PRESENTATION RECEPTION DESK

The presentation Reception Desk is located at the entrance of the Banquet hall. Speakers are requested to submit their presentation at least one (1) hour prior to the start of their lecture.

CERTIFICATE OF ATTENDANCE

Certificates of attendance will be sent by e-mail to registered participants, after the conclusion of the course, provided they have completed their electronic evaluation form.

WEBSITE

The official website is www.athens-shoulder-course.com

WI-FI

Free network: ASC2022



6th Athens Shoulder Course



4 reasons to participate



**Emmanouil
Antonogiannakis**

“ Because you will have the opportunity to learn the indications of innovative techniques, tips and tricks for doing it right and perform it under expert guidance! ”



**Emmanouil
Brilakis**

“ Because this course brings you in contact with some of the best shoulder surgeons worldwide in a very friendly atmosphere! ”



**Ioannis
Chiotis**

“ Because you will find many colleagues from different countries with the same concerns, thoughts and problems as yours! ”



**Anastasios
Deligeorgis**

“ Because we have gathered some of the best shoulder surgeons and you can discuss everything about the shoulder in 3 days! ”